



TRCT.CA

The Purposeful Use of Daily Life

Events *dle*

A Virtual Training in Canada

October – November, 2024

Facilitators: Christine Gaitens, Thom Garfat, Jessica Hadley & Andy Leggett

Details

Dates: Wednesdays from 12-2 pm EST for 8 weeks from October 9th to November 27th.

Cost: \$325 + tax

Or 3 for the price of 2!

Registration: Contact TRCT at Info@trct.ca or 289-252-9021

Limited spaces available



The **Purposeful Use of Daily Life Events (DLE)** helps those who work directly with young people become more effective in their daily interactions with them. Through a focus on everyday events and moments and how these connect to the overall goals established with young people, the helper adopts a more pro-active approach in intervention. **Dle** offers skills in creating interventions and a framework for thinking about what we are doing and helps to make every moment with young people more meaningful.

The essence of effective direct care practice lives in the ability to use everyday life events, *as they are occurring*, to help facilitate change for young people. The **dle** training defines and demonstrates this skill and provides the opportunity for participants to incorporate this approach into their own work.

The knowledge in this course is based on helping young people to live their lives differently, as they are living it. It promotes being-in-the-moment with individuals and experiencing their lives with them as it unfolds. This training, which is research based and trauma informed, provides knowledge and skills for a strengths-based approach. Participants will develop abilities that assist them to focus on small important moments and experiences of young people; what Maier (1987) called 'the minutia' of everyday life.

"This is the most relevant training for our work that I have experienced."

– participant in Canada

Outcomes

Participants will:

- appreciate the **importance of everyday moments** in helping young people reach their goals.
- **develop skills in using everyday live events to facilitate change.**
- identify how they might **incorporate this approach** into their current practice.

The Purposeful Use of Daily Life Events is a training of *Transformative Relational Consultation & Training (TRCT)* based on Dr. Garfat's award winning research into developing effective interventions. It is used in numerous countries and organizations and provides 14 hours of CEUs for certification as a CYC with the CYC Certification Board.

For more information about Transformative Relational Consultation & Training and other available services:

www.trct.ca or contact us at info@trct.ca